

Solving Problems Together with Children - Accompany children in conflict resolution

Course Description:

The strong child feels like an important part of the community that can contribute to positive teamwork. He or she is also able to empathize with others, tackle conflicts openly and seek solutions creatively. This course is about how to deal constructively with everyday problems among children, so that the children as well as the group climate are strengthened. In this approach, educators provide children with a secure base from which their trust in themselves and in others grows. This encourages children to increasingly take responsibility for solving everyday problems themselves, with our loving and trusting guidance.

Course Day 2 "Solving Problems Together with Children" is the continuation of Day 1 "Raising Strong and Kind Children". It is highly recommended to attend both course days. However, the course days can also be attended separately.

Course Benefits/Objectives:

- You will examine your own attitude and behaviors regarding conflict and conflict resolution, in general and specifically with children.
- You will develop attitudes and techniques that promote mutual respect, cooperation and self-responsibility in everyday conflicts.
- You will learn and practice a concrete conflict resolution method that you can apply in everyday life.

Target Audience:

Employees from daycare centers and supplementary school care as well as caregivers in daycare and foster families (course content relates to preschool and school-age children up to approx. 8 years).

Course Content:

- What problems are my sole responsibility, what problems does the child "own"?
- Trusting in children's problem-solving abilities; supporting personal responsibility.
- The "I" message: how to express my feelings, expectations, and boundaries clearly and respectfully.
- Making room for and helping children deal positively with aggressive feelings.
- The "Win-Win" conflict resolution method (according to Thomas Gordon) and its application in everyday life.

Course Methods:

- Practical theory inputs
- Viewing short sections of films
- Partner, small group and plenary discussions
- Group exercises with concrete everyday examples that combine theory with practice

QualiKita:

This continuing education also supports QualiKita development area 2 & 3.