

No "Problem Children" - Recognizing and Changing Fixed Roles

(Alternative Title: The hidden strength of every child – Recognizing and Changing Fixed Roles)

Course Description:

Almost every daycare center knows "the bully" or "the victim". Due to his or her behavior, the group constellation and the reactions of the environment, a child can take on a certain role and be confirmed and strengthened in it. A vicious circle can develop, and the way out can be very difficult. But development and change are always possible. This course shows how we can challenge fixed views and foster positive change in everyday life.

Course Benefits/Goals:

- You understand the most common group roles and identify the role constellation in your own group setting
- You will learn strategies on how to positively change unhealthy fixed roles and improve the group climate
- You will develop attitudes and techniques for supporting each child to develop his or her full personality and to contribute positively to the group in their own ways
- Using concrete practical examples, you will practice how to deal with problematic behavior in a constructive and resource-oriented manner

Target Audience:

Employees of daycare centers, after-school care centers, lunch-groups, daycare families, parents and other interested caregivers of children.

(The course focuses on and school children up to approx. 12 years.)

Contents:

- The most common roles in groups
- Advantages and disadvantages of each role
- The hidden strengths of each child
- The power of expectations - positive and negative
- How we create space for change
- How we help children deal positively with aggressive feelings
- Dealing with problematic behavior: a resource- and solution-oriented approach

Course Methods:

- Practical theory inputs
- Viewing of short film clips
- Partner, small group and plenary discussions
- Group exercises with concrete everyday examples that combine theory with practice

QualiKita:

This continuing education also supports QualiKita development areas 2 & 3.